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The law firm of Partridge Snow & **Hahn** would like to congratulate the PBN Forty Under 40 Class of 2018. These men and women have already accomplished great things in their young lives. We can't wait to see what the future holds for them and the entire Rhode Island and Southeastern Massachusetts business communities. The future looks bright!

FROM THE EDITOR

These pictures speak volumes

SINCE 2012 we have asked our 40 Under Forty honorees to bring a prop with them when we take their portrait for this



We have had everything from an oyster-growing cage, to a drone to a surfboard show up at our office/ photo studio for the pictures, not to men-

tion a bunch of young children and furry friends. It's all good and, as is our intention, revealing.

For some of this year's honorees, the props were symbols of multigenerational familial connections. One honoree brought dominoes, a game that her family has played through the years, while another brought her 2-year-old daughter to create a record that "mommy did something she can be proud of.'

One winner brought his two daughters as a way to encourage them to seek opportunities in a STEM field (his line of work), which still has too few women in it, while another brought the first product his family's company made – a skateboard – a far cry from the merchandising displays it makes for the likes of Tiffany

and Vendi.

And one honoree brought his mother's undergraduate diploma, which she earned one year after her son earned his. That picture may not be worth 1,000 words, but it is one for the ages.

So as you look at this special section, take the time to look at the photos and find the passion contained in the props that our winners brought with them. They speak to their humanity and their richness as human beings, something that is always worth celebrating.

Our partner sponsor for this year's edition of the 40 Under Forty is Partridge Snow & Hahn LLP. And like with every one of PBN's recognition programs, sponsorship plays a key role in helping us make this program work.

Mark S. Murphy

Mark S. Murphy Editor

PBN'S CLASS OF 2018 **40 UNDER FORTY HONOREES**

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PROVIDENCE BUSINESS NEWS PROVIDENCE BUSINESS NEWS UPCOMING EVENTS

CONNECT TO OUR BUSINESS

of PBN readers influence the purchasing decisions of their company* *CVC Audit, Dec. 2017

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NOV. 7TH 5:30-8PM | OMNI PROVIDENCE HOTEL



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8-11AM | CROWNE PLAZA **OCT. 30**TH



DEC. 5TH 8-11AM | CROWNE PLAZA

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REACH THE PEOPLE THAT COUNT.

NICHOLAS BALZANO, 28



Where do you see yourself professionally in 20 years?

I hope to be leading an office for Gilbane Building Co., and outside the office I hope to be managing multifamily real estate on a larger scale, having a positive impact on the community.

What advice would you give your 22-year-old self?

Take my first few paychecks and plan another backpacking trip. Once I bought my first house, it's tough to leave that.

What is your favorite Rhode Island escape or hobby?

Newport. I think the mansions and the scenery still amaze me to this day.

Red Sox or Yankees?

The Patriots.

Fox or MSNBC?

iPhone or Android?

iPhone. ■

THE PROP: Nicholas Balzano sports a tool vest: "I recently made the switch to tool vest [from tool belt]. When I'm not at work, you can usually find me [wearing] the tool vest working on various projects.

GREG BERARD, 38

Where do you see yourself professionally in 20 years?

My goal is to retire at 55, so by then I'll be 58, and hopefully doing something part time. Hopefully still advising Lighthouse on what they should do; where they need to go.

What advice would you give your 22-year-old self?

I would tell myself to be confident, work hard and take chances. Earlier in my career I'd be less willing to take chances, but I think risk gives you some more reward at times. Be smart about it, but if you work hard, you put in your full effort, then things will work out.

Favorite Rhode Island restaurant?

The Landing in Newport. It's right on the water, good food, great outdoor bar, good music.

Red Sox or Yankees?

Red Sox. ■

THE PROP: Greg Berard holds a family photo, along with a boxer golf club head cover. He says the head cover looks like the family dog Rooney, who just passed away, and it is like having him along at the course.

Bryant University CONGRATULATES

the 2018 Providence Business News 40 Under Forty Awards Honorees

These distinguished individuals join many past honorees who have gone on to excel professionally and make a difference in their communities:

GREGORY J. VELANDER '01 OF NEIGHBORHOOD HEALTH PLAN OF RHODE ISLAND JUNIOR JABBIE '06, '07 MBA OF BANNEKER INDUSTRIES

The University also salutes all of the accomplished winners who share this honor and recognition.

Bryant University

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KATHRYN BOTELHO, 30

E-COMMERCE MANAGER - THE PRESERVATION SOCIETY OF NEWPORT COUNTY

Where do vou see vourself professionally in 20 years?

I hope that in 20 years my work with Museum Store Association Next bears fruit and there is a vibrant community of emerging professionals continuing to share their ideas and support. I can see this group evolving and growing as a foundation for the future of museum retailers.

What advice would you give your 22-year-old self?

To go for it, whatever it is. Don't hang back, and don't wait for someone to hand you anything. If you work hard enough, you can make anything successful.

What is your favorite Rhode Island escape or hobby?

A day at South Shore Beach with my future husband (I'll marry the love of my life in September), my soon-tobe stepson Owen, and our best friends. Bringing the paddle and surfboards, packing up the grill and spending the whole day swimming, exploring and just having fun

THE PROP: A "Votes for Women" teapot. The item is sold at the Newport Mansions and on Newportstyle.net. It's the item that built The Preservation Society's wholesale line. It represents her work with the PSNC.

MICHELLE CARR, 31

Where do you see yourself

half Cuban. The game dominoes is an activity that can bring her family

professionally in 20 years? Leading a nonprofit organization, supporting change-makers through philanthropy, facilitating communityengaged learning in higher education, or serving in public office. Wherever I may journey, I hope to continue to find the best in others, build meaningful relationships across lines of difference and leave the world better than I found it. What advice would you give your 22-year-old self? Engage with people who seem to be the least like you, and listen to understand. Discover your unique talents and focus on your strengths to become your best self. Lead with fire in your soul, grace in your heart and always stay humble. What is your favorite Rhode Island escape or hobby? I love going to my husband's family's home on Prudence Island. There's nothing like sitting on the dock by the lighthouse, watching the boats pass by. ■ THE PROP: Carr, whose mother immigrated to the U.S. in the 1960s, is

Neighborhood Health Plan of Rhode Island Celebrates

Greg Velander

and his distinction as a

2018 "40 Under Forty" Honoree!



As the Director of Technology and Innovation, Greg ensures Neighborhood is pursuing new technologies to improve the quality of members' lives.

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Congratulations to Nicholas Balzano for being named one of Providence Business News' Forty Under 40.



Our great people are at the heart of our success.

Congratulations to IGT's Elizabeth Chwalk and Steve Mooney,

PBN's Class of 2018 – 40 Under Forty.



Congratulations to all 2018 Honorees!



ELIZABETH CATUCCI, 36

BATCHELOR, FRESHETTE, MCCRORY, MICHAEL & CO.

Where do you see yourself professionally in 20 years?

I have the opportunity with my firm to work with a lot of nonprofits, so I'm hoping in the next 20 years, I'll still be able to work with that sector in some capacity. Perhaps as a director.

What advice would you give your 22-year-old self?

To focus more on your strengths than your weaknesses. ... You have to speak up and ask for things or you will not get them.

Favorite Rhode Island restaurant?

Basta in Cranston. We love Italian food in our house.

Fox or MSNBC?

Neither. I tend to get a lot of my news from my phone.

iPhone or Android?

iPhone.

Trinity Rep or PPAC?

Trinity Rep. I've been going to see "A Christmas Carol" with my dad. Now, we take all of my three girls. It's one of my favorite traditions.

THE PROP: Elizabeth Catucci holds a family portrait and her new dancing shoes: "Being a working mom, I think it's great that my girls get to see that. I just took up ballroom dancing."

ELIZABETH CHWALK, 32

MANAGER, INVESTOR RELATIONS – INTERNATIONAL GAME TECHNOLOGY PLC

Where do you see yourself professionally in 20 years?

I see myself leading an investor relations team at a growing technology company, with more experience in adjacent finance roles such as strategy and corporate development.

What advice would you give your 22-year-old self? Stick with it!

What is your favorite Rhode Island escape or hobby?

Sailing on Narragansett Bay with my husband, Teddy.

Favorite Rhode Island restaurant?

Warren has fantastic restaurants, especially near the waterfront. Many of them incorporate the best local foods, such as striped bass and vegetables from Four Town Farm. As a teenager, I bused tables at a restaurant there and would commute using a wooden skiff.



THE PROP: Elizabeth Chwalk chose to show off her yellow life jacket because she enjoys spending time on the water in Narragansett Bay and in Rhode Island in general.

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Amgen Rhode Island Congratulates all 2018

40 Under Forty

honorees. including our own, Tracy Schorner



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One of the many reasons Bridget Mullaney has become a trusted advisor to so many. We are proud to call her one of our own.

Congratulations to our 40 Under Forty award recipient!



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ESTHER DEQUATTRO, 37

Where do you see yourself professionally in 20 years?

I hope to be growing our restaurant group. It should have grown and been established by then. Where I am now, but with a larger group.

What is your favorite Rhode Island escape or hobby?

I like to go bike riding with my husband and my kids. We pick different bike paths throughout

Favorite Rhode Island restaurant?

On the way to work, we will stop oftentimes at a little place called Dante's Kitchen in East Greenwich. It's a good way to start the day.

Red Sox or Yankees?

Yankees.

Fox or MSNBC?

Don't really follow either.

Jimmy Fallon, Jimmy Kimmel or Stephen Colbert?

Jimmy Fallon. ■

THE PROP: Wine is an important part of the business, and it's a passion of DeQuattro.

ADAM DIAS, 30 PRESIDENT - CUSTOM DESIGN INC.



What advice would you give your 22-year-old self? To not take anything too

personally. I found that it's quite difficult sometimes when it's a family business that you take pride in its history and you're connected to it in more than just a professional way.

What is your favorite Rhode Island escape or hobby?

Sailing on the bay. My dad has been sailing for 58 years or so and I've been sailing since I was a kid with him. It's an escape, both because it's something to do for fun and something to do with my dad.

Favorite Rhode Island restaurant?

Matunuck Oyster Bar - they do an unbelievable job. ■

THE PROP: The skateboard was the first product that was Custom Design made. Now the company makes Tiffany showcases and Vendi displays.

Customer focus, community service

We're delighted that our own George Tager was named a PBN 40 Under Forty honoree.

George is a tireless advocate for his customers, whether they are cafes, corporations, or consultants. He also takes seriously our commitment to community as Professional Mentor for Year Up and a 2017 Leadership Rhode Island Graduate – NUII. His thirst for learning and innovation is seen in his pursuit of an advanced degree in Brown University's Executive Master of Healthcare Leadership Program.

Congratulations, George!





ANDREW GALVIN, 37

FIRST VICE PRESIDENT/PARTNER - CB RICHARD ELLIS - NEW ENGLAND PARTNERS LP

Where do you see yourself professionally in 20 years?

Hopefully, I'm relaxing at the beach, then playing golf, followed by a drink at The Mooring, noshes at Brick Alley Pub while watching the Red Sox on TV, then walk around the corner to enjoy a show at the Opera House. Retired at 57.

What advice would you give your 22-year-old self?

Relax and enjoy. Don't wish away time for the purposes of career advancement. Relax and enjoy the experience.

What is your favorite Rhode Island escape or hobby?

Going to Second Beach, or golf. Going to the beach is just so enjoyable and something we're so lucky to have in Rhode Island.

Fox or MSNBC?

Neither, and in lieu of that: Seinfeld reruns or the Golf Channel.

THE PROP: Andrew Galvin's laptop and a CBRE sign say it all. "It's an unbelievable company. ... I'm really excited about the future.

New England

RAFAELINA GOMEZ, 33

Where do you see yourself professionally in 20 years?

I would like to be in a position where I can have established a charity organization meaningful to the people I love. In addition, I would like to have inspired other women in my profession, as well as impacted the Rhode Island community with my real estate projects and communityservice initiatives.

What advice would you give your 22-year-old self?

Try it all, take risks, travel the world and have fun while you are doing it. The future will come to you. Focus on being better than yesterday at work and as a person.

What is your favorite Rhode Island escape or hobby?

Working out at A&D Fitness on Atwood Street, Johnston. The workout classes are challenging and the trainers are excellent.

Favorite Rhode Island restaurant?

El Rancho Grande in Providence.

THE PROP: Rafaelina Gomez holds a Johnson & Wales University banner to signify her introduction to Massachusetts and Rhode Island. The college is how she met friends and got her first job.



ongratulations

to the following Northern Rhode Island **Chamber of Commerce Members 40 UNDER FORTY WINNERS**

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Rafaelina Gomez Fidelity Investments

Junior Jabbie Banneker Industries Inc.

Matthew Malek Tri-County Community Action Agency

René Moniz Partridge Snow & Hahn

Andrew Mudra Amica Life Insurance Co.

Edwin Pacheco Rhode Island College

Christina Rouse Sweeney Real Estate & Appraisal

Jeffrey Roy Collette Travel Services Inc.

Michael Schmitt Tides Family Services

Ethan Shorey The Valley Breeze Newspapers

Elizabeth A. Suever Roberts, Carroll, Feldstein & Peirce Inc.

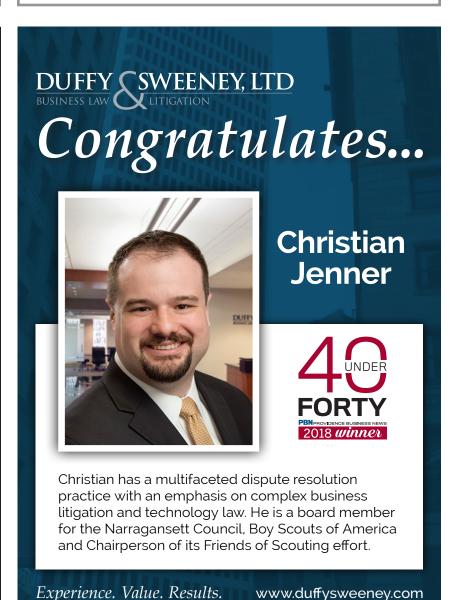
George Tager Blue Cross Blue Shield Rhode Island

Greg Velander Neighborhood Health Plan of Rhode Island

> Deborah Viveiros Webster Bank

James Yaitanes Citizens Bank

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ERIC P.W. HALL, 37

CAPTAIN/DEPUTY STAFF JUDGE ADVOCATE - R.I. AIR NATIONAL GUARD -

Where do you see yourself professionally in 20 years?

Hopefully, 20 years from now I'm doing something awesome. Maybe I'll have a kid in college and be looking at retirement after a long career in the military.

What advice would you give your 22-year-old self?

When I was 22, I was in the Marines. ... I would tell myself stay positive and optimistic and continue to work hard.

Favorite Rhode Island restaurant?

The Lobster Pot. My family has had a lot of events there and we've been friends with Jeff Hirsh for a long time.

Jimmy Fallon, Jimmy Kimmel or Stephen Colbert?

Stephen Colbert, but back when it was "The Colbert Report" on Comedy Central.

Trinity Rep or PPAC?

Big fan of Trinity Rep from going to "A Christmas Carol." In the winter, my wife and I took an acting class at Trinity Rep. ■

THE PROP: Eric P.W. Hall holds his Marine Corps honorable discharge and JAG school certificate. "It was the base of all my other accomplishments. Everything goes back to my enlistment in the Marine Corps.'

JUNIOR JABBIE, 34

Where do you see yourself professionally in 20 years?

I'm still at the helm of Banneker, still serving in a leadership capacity, for a bigger, more expansive organization.

What advice would you give your 22-year-old self?

To make sure I take some time for a little more work-life balance.

What is your favorite Rhode Island escape or hobby?

I like traversing the state, heading to different antique stores, just satisfy my natural curiosity. And, of course, the beaches.

Favorite Rhode Island restaurant?

There's a little Guatemalan restaurant called Mi Ranchito on the West End with a black-bean paste soup that's just, it's addictive.

Red Sox or Yankees?

Orioles. I'm not a New England



THE PROP: Junior Jabbie holds copies of "WE," a 20-year history of Banneker Industries, and "Dear Benjamin Banneker," a biography of the company's namesake. "You have to know where you're from and where you are.

These physicians are focused on one thing.







Congratulations to

Dr. Rebecca Reece Infectious Disease Division Dr. Sakeena Raza Geriatrics Division

on being named Providence Business News' 40 Under Forty winners for 2018.

Dr. Rebecca Reece and Dr. Sakeena Raza exemplify everything that the Brown Medicine multi-specialty physicians group stands for: patientcentered care, evidence-based medicine, research and teaching...all focused on achieving a "greater good' for the communities we serve. Kudos, Dr. Rebecca Reece and Dr. Sakeena Raza.



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Congratulations, Liz Catuccil



We applaud Liz and the entire 2018 40 UNDER FORTY CLASS

> of inspiring individuals for the passion they bring to their work and our business community.



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CHRISTIAN JENNER, 37

Where do you see yourself professionally in 20 years?

Hopefully, doing what I'm currently doing on a bigger and more experienced scale. Any trial lawyer or litigator, they want the bigger and meatier

What is your favorite Rhode Island escape or hobby?

In the '90s I was on staff at Camp Yawgoo, the Boy Scouts retreat. ... I was put on the board last year, and one of our board meetings was at Yawgoo and I hadn't been there in close to 20 years. Having the opportunity to go back just reminded me how much I loved being there as a youth.

Fox or MSNBC?

I'm going to call that out as a false dilemma. I prefer to get news, not infotainment. I wake up every morning to the Wall Street Journal, and I listen to [WPRO-AM/FM 630/99.7] on the way in to work, much to my 3-year-old's chagrin. ■



DARREN JODOIN, 39

Where do you see yourself professionally in 20 years?

Working just as hard as I am now to pay off two college educations and two weddings for my two beautiful daughters! I truly see myself enjoying life to the fullest, getting ready for retirement. But most importantly, enjoying time with family and taking care of business simply because that's what's in my DNA.

What advice would you give your 22-year-old self?

Never get so busy making a living that your forget to make a life.

What is your favorite Rhode Island escape or hobby?

Spending time on Block Island every summer with close friends.

Favorite Rhode Island restaurant?

Matunuck Oyster Bar. There is something awesome about that outside bar, having a hand-crafted adult beverage and eating the world's biggest and most delicious shrimp cocktail.



THE PROP: A "Livin' the Dream" sign, which Darren Jodoin and his family used as inspiration to name their boat. "I truly do feel that I am living the dream. My health, kids, phenomenal wife. Can't ask for much more

Congratulations,

Andy Mudra!

We applaud our friend and colleague, Andy Mudra, who earned a spot in PBN's 40 Under Forty class of 2018, and the 39 other inspiring individuals for the passion they bring to their work and our business community.



MERVE IPLIKCIOGLU KIRTAN, 35

Where do you see yourself professionally in 20 years?

I love what I am doing. I would like to continue mentoring the young people at work. Also, I love my job and I would like to grow in that.

What advice would you give your 22-year-old self?

Never give up on your dreams. Always set your goals and spread the kindness and the goodness because it has a domino effect.

What is your favorite Rhode Island escape or

We love to go out, walk around, try out new restaurants, go to new doughnut shops. We have a little puppy. We usually take her to walk on Saturdays through India Point Park, and we stop by Coffee Exchange.

Fox or MSNBC?

I really find it is very hard to find ethical journalism on TV. If I had to pick between the two, I would go with MSNBC.

THE PROP: A hard hat. "I really love being part of the company I'm working at. ... I've been working on bridges since the beginning of my career.

DR. MATTHEW MALEK, 34 MEDICAL DIRECTOR - TRI-COUNTY COMMUNITY ACTION AGENCY

Where do you see yourself professionally in 20 years?

Happy doctors make healthy patients. So I see myself innovating to make medicine a joyful place to work, so that all patients can get exceptional primary care. Tri-County has been developing new ways to make primary care enjoyable for doctors, and as a result we have seen an increase in the exceptional care for our patients.

Favorite Rhode Island restaurant?

For a fancy night, Chez Pascal, but most of the time, my wife and little son most enjoy a lobster roll at Blount Clam Shack in East Providence, watching the sunset over the bay.

Fox or MSNBC?

Rhode Island Public Radio.

iPhone or Android?

iPhone. Mostly just for pictures of my

Trinity Rep or PPAC?

The brighter the lights, the bigger the production, the louder the singing, the better for me, so PPAC. ■

THE PROP: With his physician's coat and stethoscope, Dr. Matthew Malek said, "Our passion at Tri-County is for innovating new ways to make the best place to practice primary care in Rhode Island.'



MEGAN MCGUINNESS, 37 OWNER & CMO - MCGUINNESS MEDIA & MARKETING

Where do you see yourself professionally in 20 years?

Hopefully approaching my retirement and traveling the world. I truly hope this marketing company I have started is something that my kids can get involved in eventually and that it continues to be in operation for many, many years.

What advice would you give your 22-year-old self?

Find a career you love! My first job out of college was as a recruiter - I knew early on it wasn't right for me. I can't imagine doing something every day that I am not passionate about.

What is your favorite Rhode Island escape or hobby?

Spending time with my husband and our two boys, Paxton, 8, and Miller, 5. We golf, swim, disc golf and play a lot of baseball.

Favorite Rhode Island restaurant?

Safehouse, Besos, Trattoria Romana. Fred & Steve's Steakhouse, Haruki Sushi, Hemenway's. ■



THE PROP: Megan McGuinness chose a photograph of a miniature billboard to represent the media-buying and planning aspect of her



Congratulations Kate! We are proud of you.

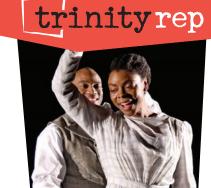


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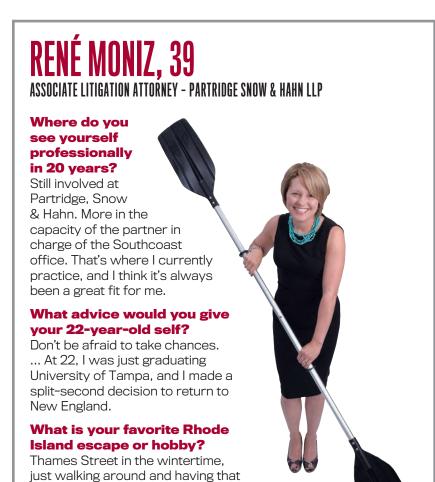


Trinity Rep congratulates **Executive Director** Tom Parrish, 2018 40 Under 40 Honoree!

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L TO R FROM TOP: WILKIE FERGUSON III, MIA ELLIS, DANIEL DUQUE-ESTRADA, MARÍA, GABRIELA ROSADO GONZÁLEZ, REBECCA GIBEL & TOM PARRISH





THE PROP: "We kayak very frequently," said René Moniz. "We live in

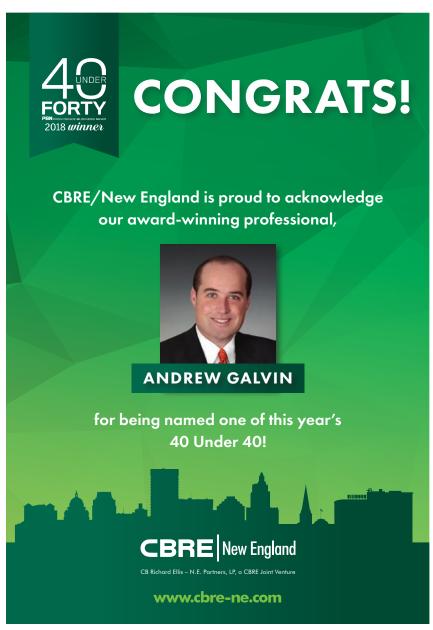
Wareham, Mass., so mostly we do it on the Weeantic River, which

quiet time, Newport feeling without

the busyness of tourism. **Red Sox or Yankees?**

Red Sox. ■

we live off of.





ANDREW MUDRA, 39

Where do you see yourself professionally in 20 years?

Ideally, still with Amica - it's a great company, and I've been fortunate to be involved in a lot of long-term planning that I'd like to see through to continue to improve how we serve our customers' insurance needs.

Favorite Rhode Island restaurant?

My wife and I love birch, but I always tell visitors to go to Nick's on Broadway for brunch on the weekends.

Fox or MSNBC?

I still prefer to read the news. I lived in Washington, D.C., for 12 years, so I'm a little partial to the Washington Post, but I also still read the ProJo, PBN and my hometown Buffalo News on a daily basis.

Trinity Rep or PPAC?

PPAC - First real date with my wife was to see Eddie Vedder there in 2011. Will always be a special place

THE PROP: Andrew Mudra chose a mug with the logo for City Year, the nonprofit educational support organization aimed at improving elementary and secondary attendance and performance.

BRIDGET MULLANEY, 38

Where do you see yourself professionally in 20 years?

I would hope that I'm continuing to love the practice of law and what I'm doing in continuing to help families.

What advice would you give your 22-vear-old self?

I don't think there's any substitute for hard work, and also just to be kind to everyone you meet. [R.I. Supreme Court] Justice William P. Robinson III did my swearing-in ceremony, and part of his remarks were to remember to be kind to everyone because everyone is fighting a great battle.

What is your favorite Rhode Island escape or hobby?

Heading down to Newport or just anyplace on the water. Growing up in Rhode Island, I love how you're just so close to the water.

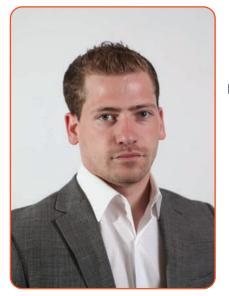
iPhone or Android?

Trinity Rep or PPAC?

This is a tough one because they're both good. Probably PPAC because I've seen more shows at PPAC.

THE PROP: Bridget Mullaney holds a photo of her family: husband, James Nagelberg, and sons Benjamin, 4, (left) and Jack, 7. "They're both characters, in their own ways," she said about the boys.

Congratulations to Adam Dias



CUSTOM DESIGN &

For his selection to **Providence Business News**

40 Under Forty Class of 2018

Congratulations to all this year's honorees.



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"If you take care of your employees, they will take care of your business" - Richard Branson



Congratulations Christina!

From the Team at Sweeney Real Estate & Appraisal

BROKERAGE



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proudly congratulates its distinguished alumni:



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Joelle Rocha, Esq. '06



Elizabeth Suever, Esq. '07

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Congratulations to James Yaitanes!

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EDWIN PACHECO, 36

ITIVE DIRECTOR AND INTERIM VICE PRESIDENT OF COLLEGE ADVANCEMENT.

Where do you see yourself professionally in 20 years?

Over the next five years I hope to complete my graduate studies, including an MBA followed by a Ph.D. or Ed.D. I can see myself serving as a university or college president or leading a community foundation dedicated to the betterment of

What advice would you give your 22-year-old self?

Be patient. Keep fighting. Don't forget to enjoy the moment.

What is your favorite Rhode Island escape or hobby?

I consider myself an avid runner, and Rhode Island offers some of the most ideal scenery for runners, including the East Bay bike path, the hills of Burrillville and Rocky

Trinity Rep or PPAC?

PPAC - Alan Chile is a proud RIC alum. ■

THE PROP: Edwin Pacheco brought his mother's Providence College diploma. They worked on their degrees together, the first and second in the family to graduate, he from URI in 2005, she in 2006.

TOM PARRISH, 39

Where do you see yourself professionally in 20 years?

Hopefully retired after a successful career in the American theater.

What advice would you give your 22-year-old self?

Life is a marathon, not a sprint. Take time to enjoy it.

What is your favorite Rhode Island escape or hobby?

I love hanging out on my deck in the yard, working outside. I like taking care of all of the landscaping and the plants, making the house look nice.

Favorite Rhode Island restaurant?

Fred & Steve's at Twin River.

Red Sox or Yankees? Red Sox.

Jimmy Fallon, Jimmy Kimmel or

Stephen Colbert? None of the above. They're all past my bedtime.

Trinity Rep or PPAC?

Trinity Rep, of course. I like handmade, homegrown productions that are made just for this community.

THE PROP: Tom Parrish holds Trinity Rep's Tony Award for best regional theater: "I'm honored and proud to lead Rhode Island's Tony Award-winning theater company.



REBECCA PLONSKY, 38

PROSPECT INTEGRATED BEHAVIORAL HEALTH - PROSPECT CHARTERCARE

Where do you see yourself professionally in 20 years?

Continuing to advance as a woman in leadership and advancing behavioral health programs that will allow patients to continue to have timely access to care and focus on treatment that will allow them to improve their health outcomes at any stage of their

What advice would you give your 22-year-old self?

Stay focused, dedicated. Come from a place of curiosity, and do not lose sight of work-life balance.

What is your favorite **Rhode Island** escape or hobby?

Running on the bike path in South Kingstown. ... I'll typically bring my 9-year-old twin boys.



gloves for muay thai kickboxing help her to stay humble and healthy.

DR. SAKEENA RAZA, 38

Where do you see yourself professionally in 20 years?

I see myself as a seasoned clinician, a strong academician. I also envision myself being deeply involved in community service, either leading a charitable organization or being an integral part of an existing one. I want to be involved with students and trainees.

What advice would you give your 22-year-old self?

Get into bench research. I never experienced basic science research, lab work. I feel that's one thing one should start in med school. I had some opportunity but I didn't really explore it.

What is your favorite Rhode Island escape or hobby?

I really like the Cliff Walk in Newport. I just love the sea crashing into the rocks. It's just beautiful, both in the summers and winters. It's an all-season place.

Favorite Rhode Island restaurant?

Tellulah's in Providence. It's really tiny but it has amazing food. ■

THE PROP: Dr. Sakeena Raza holds a dumbbell and an apple, the former representing her passion for strength training, the latter her promotion of healthy, active lifestyle choices among her elderly patients.



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Joelle C. Rocha

On her selection as one of the Class of 2018 **40 Under Forty Honorees**



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Congratulations Jeff Roy

on earning a spot on PBN's 40 under 40 list.



As Senior Vice President of Revenue Management & Pricing, Jeff oversees Collette's corporate pricing strategy, modeling and inventory management. He is a vital member of the strategic leadership team and spearheads product, sales and marketing efforts of goal setting and revenue generation. Before joining Collette,

Jeff served in the United States Air Force as Airfield Operations Officer, serving his country while completing his MBA in Finance from Touro University. Jeff is passionate about giving back to the local community, serving on local boards and as a youth mentor through the Rhode Islanders Sponsoring Education program.

-- The Collette Team



DR. REBECCA RECE, 36 INFECTIOUS DISEASE PHYSICIAN - BROWN MEDICINE

Where do you see yourself professionally in 20 years?

I would hope to be working full time by that time with international medical care, living overseas and providing care in resource-limited settings.

What advice would you give your 22-year-old self?

To not worry so much about pleasing people, and to just be yourself.

What is your favorite Rhode Island escape or hobby?

Anything near the water. The beach, the bay, swimming, or just running along the East Bay. ... I just did the Newport Ocean Road Race.

Favorite Rhode Island restaurant?

Garden Grille. My go-to meal is Reggie's raw heaven salad, and the Korean tacos.

Red Sox or Yankees?

Red Sox, of course.

iPhone or Android?

iPhone. ■

THE PROP: "Stella is almost 2," said Dr. Rebecca Reece. "She's like a cat. She sits up on the couch and looks out the second-floor window.



Where do you see yourself professionally in 20 years?

I certainly still want to be working with families who are impacted by autism, and I know that I want to be in some leadership role.

What advice would you give your 22-year-old self?

It would be two pieces of advice: Always have a goal, [and] make sure the goal is focused on you and not on everyone around you.

What is your favorite Rhode Island escape or hobby?

My favorite hobby is walking my two dogs. ... I have my favorite paths in Glocester, in the Durfee Hill Management conservation area.

Favorite Rhode Island restaurant?

A tiny restaurant in Scituate. The Corner Bistro, a small, family-owned place. The food's amazing.

Fox or MSNBC?

Fox. ■



THE PROP: Rachel Reichert brought her hiking sneakers and two books for the photo, "Ethics for Behavior Analysts" and "The Power of Positive Parenting," two titles she frequently refers to, both as a parent and as a therapist.



JOELLE C. ROCHA, 37

Where do you see yourself professionally in 20 years?

We kind of reconfigured our law firm this past December, when I became a partner along with three others, and we've set the foundation for the long term. So, in 20 years I hope I'm still practicing with at least one of these partners and that we've continued to build and grow and be successful.

What advice would you give your 22-year-old self?

I would say to stick with it. I didn't think that law school was for me. ... Turns out, I think it was, and it was only the beginning.

Favorite Rhode Island restaurant?

Al Forno. The pizza is just so good.

Fox or MSNBC?

MSNBC

Jimmy Fallon, Jimmy Kimmel or **Stephen Colbert?**

Jimmy Kimmel.

Trinity Rep or PPAC?

PPAC. It's just a great local venue.

THE PROP: Joelle Rocha and her daughter Avery, 2. "She's awesome. I figured I'd bring her into the photo, so she can look back and see mommy did something she can be proud of.

CHRISTINA ROUSE, 29

DIRECTOR OF MARKETING AND OPERATIONS – SWEENEY REAL ESTATE AND APPRAISAL

What advice would you give your 22-year-old self?

Don't worry what everybody else is doing. Stay on your own path. You're making good decisions, and everything is going to be OK.

What is your favorite Rhode Island escape or hobby?

Block Island. It's my favorite. It has the beaches, it has the trail walks, and it definitely feels like a little mini escape, while still being able to be very close to

Favorite Rhode Island restaurant?

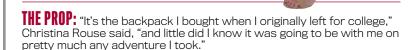
If I'm going out for a celebratory dinner, I love Bacaro. If I'm meeting friends after work for a drink, it's Circe. If you want to grab something quick on the way to the beach, it's Rippy's.

Jimmy Fallon, Jimmy Kimmel or **Stephen Colbert?**

Jimmy Fallon. I grew up with him on "Saturday Night Live.'

iPhone or Android?

iPhone. ■



JEFF ROY, 37

SENIOR VICE PRESIDENT. REVENUE MANAGEMENT & PRICING - COLLETTE

Where do you see yourself professionally in 20 years?

Hopefully, I'll still be with Collette. I'll be teaching the next generation of leaders there,

What advice would you give your 22-year-old self?

Don't buy a house before 2010.

What is your favorite Rhode Island escape or hobby?

Probably the Providence restaurant scene. My wife and I get around to a lot of restaurants.

Favorite Rhode Island restaurant?

Hemenway's in Providence. We go there every year for our anniversary. It's good.

Red Sox or Yankees?

Red Sox. No question.

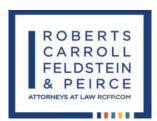
Fox or MSNBC?

I'm actually a newspaper guy. I try not to watch cable news.

Jimmy Fallon, Jimmy Kimmel or **Stephen Colbert?**

Stephen Colbert.

THE PROP: Jeff Roy holds a model Boeing 787 Dreamliner. The plane embodies the theme of Collette's new travel blog, Traveling Well. "I think if we're talking flight, this is a pretty good representation of it."





Roberts, Carroll, Feldstein & Peirce, Inc.

Congratulations to Elizabeth A. Suever for her selection to PBN's 40 Under Forty class of 2018



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MICHAEL SCHMITT, 37

ASSISTANT VICE PRESIDENT, RISK MANAGEMENT - TIDES FAMILY SERVICES

Where do you see yourself professionally in 20 years?

I don't think I'm going to change many things. ... I'll stay involved in many different things. Hopefully I'll be a professor, though with an edge on faculty at my alma mater, Salve Regina, a nice retirement job.

What is your favorite Rhode Island escape or hobby?

Going out on Narragansett Bay with a friend of mine, quahogs. The day is just a treasure. Once you leave shore, you're out there basically by yourself and your friends. ... [And] just about anything with my family.

Favorite Rhode Island restaurant? Clarke Cook House, and Brutopia.

Red Sox or Yankees?

I'd have to say Cubs. I'm from Chicago, so I'm a Cubs fan first, but then I'll definitely go Red Sox.

Jimmy Fallon, Jimmy Kimmel or **Stephen Colbert?**

Jimmy Fallon. He's as close to a variety show actor as Johnny Carson used to be.

THE PROP: A hockey stick and a hard hat. "Sometimes I'll wear a hard hat just to break the ice a little bit with the new employees.

TRACY SCHORNER, 37

Where do you see yourself professionally in 20 years?

Hopefully doing something impactful, rewarding and challenging, though part of me also hopes to be semi-retired and able to travel extensively too.

What advice would you give your 22-year-old self?

Trust your gut, voice your opinion, and the challenging times are also the best times for opportunity and growth.

What is your favorite Rhode Island escape or hobby?

I love all of the Audubon nature refuges in the state. They have great trails and are an accessible escape into nature.

Favorite Rhode Island restaurant?

Brick Alley Pub, as it's where my husband and I had our first date, and we love going back for the food and the memories.

Red Sox or Yankees?

New England Patriots!

Fox or MSNBC?

MSNBC - but really NPR. ■

THE PROP: This pair of hand-decorated pumps with New England Patriots logos and red sequin trim took Tracy Schorner about three hours to make. She's worn them to work during the playoffs and when she and friends watch a game together.

BENJAMIN SCUNGIO, 32

Where do you see yourself professionally in 20 years?

I see myself almost in the same position, but advancing our company, our brand, throughout the state of Rhode Island. To be No. 1 in my profession would be over the top.

What is your favorite Rhode Island escape or hobby?

My wife is in the restaurant business, and we love just going out and trying new restaurants, new craft beers, wines. The escape would probably just to be downtown, go out for dinner.

Favorite Rhode Island restaurant?

For dinner, it would have to be Gracie's.

Red Sox or Yankees? Red Sox.

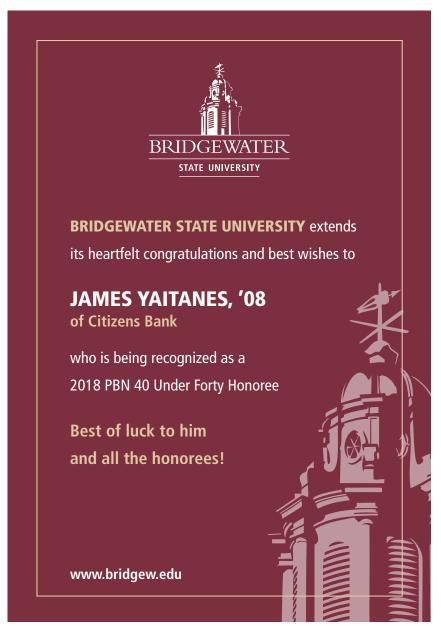
Fox or MSNBC? MSNRC.

Jimmy Fallon, Jimmy **Kimmel or Stephen** Colbert?

I lean toward Jimmy Kimmel. ■



THE PROP: As a real estate professional for 10 years, Benjamin Scungio's two passions are work and family. "If both are going really well, then I'm happy.'



ETHAN SHOREY, 36

Where do you see yourself professionally in 20 years?

I'll still be covering local news in Rhode Island, and hopefully guiding others on how to do it better. There's nothing I'd rather be doing than covering communities' stories and keeping government accountable.

What advice would you give your 22-year-old self?

Large gatherings aren't as overwhelming as they seem. Just jump right in. Also, personal attacks for doing your job are par for the course.

What is your favorite Rhode Island escape or hobby?

Disc golf at Slater Park, PawSox, Bikeway, beaches. Grilling on my deck with a Rhode Island craft beer in my hand.

Favorite Rhode Island restaurant?

Bella, Arigna, Los Andes, Sura, too many to count.

Red Sox or Yankees?

Sox. Pre-'04 championship, I ran a website called bashthebombers.com.

THE PROP: Ethan Shorey holds an issue of the Valley Breeze newspaper: "It's what we do. It's our big thing, what we love and it tells the story of the community."

ELIZABETH A. SUEVER, 36

Where do you see yourself professionally in 20 years?

Continuing to work to improve Rhode Island's business climate. I do business lobbying before the General Assembly. The issues always change.

What advice would you give your 22-year-old self?

I would tell my 22-year-old self to marry that guy in the Yankees hat at the bar - my husband, Rob Knychalski. It was one of my better life decisions.

What is your favorite Rhode Island escape or hobby?

Newport polo. I love polo. It's a beautiful space. You can set up your own food and drink, invite all of our friends ... and just have a really fun time watching polo.

Fox or MSNBC?

Neither. I refuse to watch cable news. I don't think anyone should be watching cable news because it's divisive, and I think it's harmful to our system of government.

THE PROP: Elizabeth Suever brought running shoes. She runs half marathons. ... She describes herself as "very much a running person. It's my time away from all of my obligations.'

Congratulations



DEBORAH VIVEIROS Vice President, Relationship Manager

We are pleased to celebrate those recognized as Providence Business News' 40 Under 40 and are proud to have our own Deborah Viveiros named to the 2018 list. Her dedication to Webster and the communities we serve has helped her stand out here for years. We're thrilled she's part of our team.



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GEORGE TAGER, 29

DIRECTOR OF EMPLOYER SEGMENT SALES - BLUE CROSS & BLUE SHIELD OF RHODE ISLAND

Where do you see yourself professionally in 20 vears?

The favorite part of my job today is meeting and helping customers. ... In 20 years I hope to be a part of the senior leadership team, continuing to lead our customer teams and be a part of transforming health care in Rhode Island. In addition, I see myself continuing to give back to the community through volunteer

What advice would you give your 22-year-old self?

Success is not final, failure is not

What is your favorite Rhode Island escape or hobby?

In the summer, it's hard to beat the beaches and being on the water. We are very fortunate to live on such an amazing coastline and have vibrant places to visit [such as] Newport.

Favorite Rhode Island restaurant?

Los Andes is a favorite of mine and one I take all of my out-of-state visitors to. ■

THE PROP: Tager's University of Maine baseball jersey and his Team Maine academic award weave a story of how important his studies and pursuit of baseball were to him.

GREG VELANDER, 39

DIRECTOR OF TECHNOLOGY INNOVATION – NEIGHBORHOOD HEALTH PLAN OF RHODE ISLAND

Where do you see yourself professionally in 20 years?

A chief-level executive in an organization that embraces innovation and isn't afraid to take chances.

What advice would you give your 22-year-old self?

It's OK to push back. Set your priorities and resist tackling the fire du jour, so you can focus on the big picture.



Favorite Rhode Island restaurant? Monahan's Clam Shack

> (Narragansett) with Harry's Burger Bar in Providence a close

Red Sox or Yankees? Red Sox.

Fox or MSNBC? MSNBC.

Jimmy Fallon, Jimmy **Kimmel or Stephen** Colbert?

Depends on the night.

THE PROP: Velander's son Keelan, 7, and daughter Penelope, 4, in their soccer uniforms, as well as a basketball, since he plays a lot and has since he was 5 years old. "We spend a lot of time together."



Congratulations **DARREN JODOIN!**



PMC Media Group proudly congratulates Darren Jodoin on being named a member of the Providence Business News 40 Under Forty Class of 2018! We are proud of Darren's incredible leadership and dedication to the local community, which allowed him to earn this well-deserved recognition.

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DEBORAH VIVEIROS, 37

Where do you see yourself professionally in 20 years?

I see myself as a leader of a successful team of financial services executives in the Rhode Island marketplace.

What advice would you give your 22-year-old self?

Find a mentor in the business world you admire. Listen and learn from them.

What is your favorite Rhode Island escape or hobby?

Golfing. A lot of times with work I golf in a lot of charity tournaments, so it's a great time. We get to play in a lot of scrambles.

Favorite Rhode Island restaurant?

Camille's on Federal Hill.

Red Sox or Vankees? Red Sox.

Fox or MSNBC?

Fox. ■



THE PROP: "I find [golf] very relaxing. I love going to different golf courses and getting to check out different places. We have beautiful places here in Rhode Island."

JEFF WILHELM, 35

CHIEF TECHNOLOGY OFFICER - ENVISION TECHNOLOGY ADVISORS LLC



Where do you see yourself professionally in 20 years?

I'd honestly love to be doing stuff similar to what I'm doing now, which is advising companies on technical strategy and business strategy. I think a lot of people kind of think of themselves as having these career ladders or career steps. For me, I enjoy doing what I do.

What is your favorite Rhode Island escape or hobby?

I just like riding my bike down to the beach with my kids. We do it almost every weekend.

Favorite Rhode Island restaurant?

Shogun. I've always loved sushi, and I've been going to Shogun twice a month since 2002.

Fox or MSNBC?

The Onion. I think the headlines are about as accurate. If I had to lean in one direction, it would be more toward MSNBC.

iPhone or Android?

Android. ■

THE PROP: A Commodore VIC-20, from the original box. It sits on Jeff Wilhelm's desk and reminds him not to look back but to look forward because technology moves so quickly.

JAMES YAITANES, 33

Where do you see yourself professionally in 20 years?

I want to see myself helping more colleagues but still with Citizens Bank. It's a company that I've grown with. It has grown with me and has always been really good to me.

What advice would you give your 22-year-old self?

It's OK to have fear. Just don't let it control vou.

What is your favorite Rhode Island escape or hobby?

Roger Williams Park Zoo. We have a yearly pass there and the kids are obsessed. My daughter loves getting her face painted and all that stuff. It's a great atmosphere.

Red Sox or Yankees?

Red Sox fan. I still remember those four nights in October when they beat the Yankees (after being down 0 to 3 in the best-of-seven series).



THE PROP: James Yaitanes' family: wife, Astrid, and children Sophie, 3, and Sterling, 3 months. They are "what it's all about, in my opinion.

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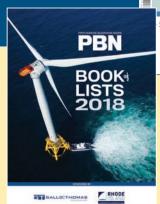
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Partridge Snow & Hahn would like to congratulate the many clients and friends chosen as Providence Business News' Forty Under 40 Class of 2018. We'd also like to send a special congratulations to our very own René P. Moniz.

René brings to our Firm - and the legal and business communities - a passion and dedication that is second to none. She is an excellent litigator and a valued member of our team. We are proud of her accomplishments.

All members of the Forty Under 40 Class of 2018 have already accomplished great things, we can't wait to see what the future holds for them and the entire Rhode Island and Southeastern Massachusetts business communities.

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